

YES 3E Championship 2012

3 Days / 3 Ultra Races

The 3E Championship will be hosted in beautiful Park City Utah, home of the 2002 Olympics. Park City is accustomed to hosting great sporting events and is a perfect venue for off road competitions.

It is not necessary for 3E competitors to race in all three events. Athletes can race in any one, two or all 3 events. Overall winners are recognized after each days event. The 3Echampions will have completed in all three events and the competitor with the lowest combined time will be the overall 3E Champion.

- **Day 1: 10K open water swim:** The first race will be 10k open water swim in the Jordanelle Reservoir.
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- **Day 2: 100K Mountain Bike:** This course will be a combination of single and double track trails that meander through the mountains of Park City.
- **Day 3: 50K Trail Run:** The course will flow through Round Valley and then north on the rails to trails pathway. The rails to trails is a combination of asphalt and hard pack dirt trails.

Each day winners are awarded a \$500 cash prize.

The championship has its own \$1000 prize and free entry to next year's race.

